



**RINGETTE BC &**

**[SURREY WHITE ROCK RINGETTE  
ASSOCIATION]**



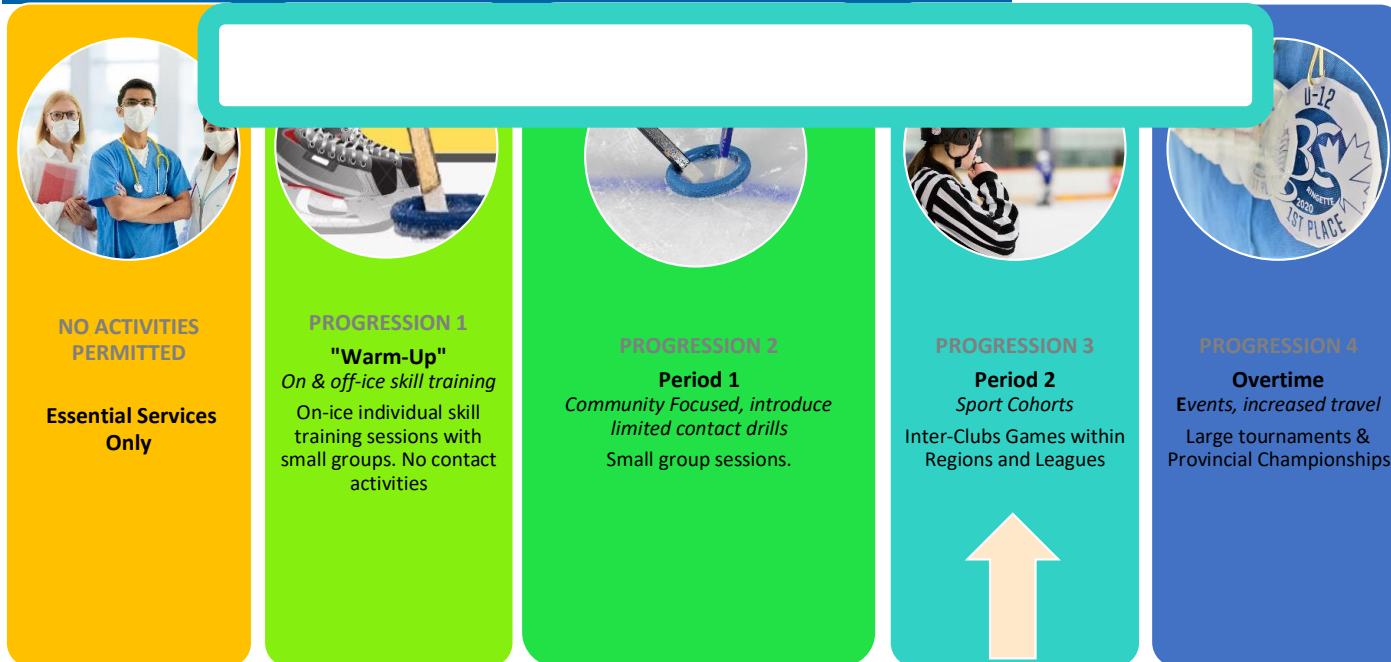
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***RETURN TO RINGETTE GUIDELINES***

Graduated Return to Ringette Information Package for Ringette  
Progression 3

**RINGETTE PROGRESSION 3 – PERIOD 2 *SPORT COHORTS***

## RINGETTE PROGRESSION 3 INTRODUCTION OF SPORT COHORTS



**RINGETTE PROGRESSION 3 - PERIOD 2: SPORT COHORTS**  
**DATE: ESTIMATED START DATE OF SEPTEMBER 15, 2020**

Ringette Progression 3 has been updated following the release of the *Return to Sport Guidelines* from viaSport for PHASE 3 “Loosening Restrictions” of the sport sector. The changes to PHASE 3 of sport allows for the formation of **Sport Cohorts**. Ringette BC will adhere to the sport cohort model. Inter-League Competition and Tournaments remain prohibited.

### OBJECTIVE OF COHORTS:

The objective of the cohort model is to limit the potential spread of COVID-19 and to facilitate easier contact tracing. Cohorts allow for increased contact between individuals while assisting in curbing exposure.

### COHORTS:

Under Cohorts regular ringette games are able to be played. Ringette BC recommends that Associations work to form as many teams as they can within their Association to ensure that there is the ability to form multiple cohorts of four teams within each of the three major ringette leagues. Cohorts can be 50 people or 4 teams. Teams can be from one Association or from multiple

Each individual needs to assess their own level of comfort. It is recommended that individuals limit the number of cohorts they are in both within sport and outside it. Individuals need to respect their teammates, coaches, officials, and volunteers and respect the conventions of physical distancing and follow all other health guidelines while in a cohort model.

#### Guiding Principles of Ringette Progression 3:

1. Must follow the gathering restrictions as per Provincial Health Order (50 people).
2. Must adhere to the facility rules and restrictions.

#### Ringette Progression 3 Permits:

- evaluations and Team formation;
- Formation of cohorts;
- Inter-club play of regular ringette games is permitted within the cohort;

3. Continue to follow all COVID-19 best practices, including hygiene, physical distancing and staying home if sick.
  4. Local is preferred and stay within your region.
  5. Sport cohorts allow for PARTICIPANTS to engage in ringette activities within the cohort without physical distancing in the field of play;
  6. No out of province travel or competition.
- Regional/League play may be permitted;
  - Travel between ringette leagues is possible but not recommended;
  - Come Try Ringette Events are permitted;
  - Excellence in-person screening;

#### GENERAL RULES OF THE SPORT COHORT:

1. COHORT is up to 50 people **OR** four (4) teams.
  - a. Sport Cohorts can remain the same for as long as the teams/groups want
  - b. To change the teams or group within a cohort, there is a mandatory 14-day isolation period where the team is permitted to train and practice with their own team only.
2. All participants in a COHORT must physically distance off the “field of play”.
  - a. Players and coaches must be able to physically distance on the bench, in the dressing rooms and in common spaces, etc.
  - b. Small rosters are required to ensure that teams can physically distance off the ice.
  - c. If coaches, and participants cannot physically distance, it is required that they wear a mask.
  - d. Players do not wear masks when they are playing the game.
3. Parents and Spectators are **not** part of the cohort and must maintain physical distancing from others, coaches, referees and players, other than their own child, at all times.
4. Minor officials are not part of the cohort and are required to maintain physical distancing.
5. Cohorts cannot mix with each other; on or off the ice.

6. Players from outside the cohort **cannot** be picked up to participate in games/events with the cohort. Teams can borrow players from within their cohort to replace missing players, regardless of which Club Association the player is from.
7. Players are permitted to be in a Club Association cohort and a Team BC cohort simultaneously.
8. Individuals are not permitted to be a part of more than two ringette cohorts at any given time<sup>1</sup>.
  - a. Examples
    - i. Players are permitted to have a player cohort and can coach or referee in one additional cohort.
    - ii. Coaches are permitted to coach in one cohort and referee in one additional cohort
9. Smaller roster sizes are strongly recommended to optimize ice time – ALL participants must be able to physically distance on the bench and follow facility restrictions;

#### ARE YOU IN THE COHORT?

Role	Description of Engagement	Are you in the Cohort?
Player	Breaks the physical distance of 2m and experiences sustained contact when participating in games	Yes
Coach	Interacts with players, providing practical examples with physical manipulation of athletes and physically touching athletes to learn and understand skills, often standing in as 'extra player'	Yes
Coach	Maintains physical distance from all other participants at all times, only breaches physical distance if acting as first-aid responder and wears a mask at those instances and wears a mask when on the bench	No
Manager & other team staff	Maintains physical distance from players. Interacts intermittently with parents and players. When unable to physically distance should wear a mask.	No

<sup>1</sup> [viaSport Return to Sport Guidelines version 2.0 p. 23](#)

Trainer/athletic therapist	Provides hands-on support to multiple players before and throughout session, including taping	Yes
First Aid Responder	Only breaches physical distancing when needing to provide first aid, always wearing mask and gloves	No
Referee	In structured and open play, unable to maintain 2 meters distance from attacking or defending players	Yes
Minor Officials	Time keeper, scorekeeper, shot clock operator do not interact with players. Should be wearing masks and seeking to maintain physical distancing.	No

#### PLAYER PICK UP RULES IN COHORTS:

1. For the 2020-2021 season, the Ringette BC [Policy 1.6 Player Pick-Up](#) will not apply during Ringette Progressions 1, 2 or 3 of the *Return to Ringette* Guidelines. This policy includes affiliate players.
  - a. Players are not eligible to participate in a COHORT in which they are not registered to for any ringette-related activities of any kind.
2. If a team needs to pick up a player for an event/game, they are permitted to pick up any player from within the cohort regardless of the players "Home Association". Coaches need to contact the Head Coach for that particular team and request players to pick up for games.
  - a. Coaches should attempt to "work through" the entire roster of the other teams in the cohort when picking up players, to ensure that all athletes are given the opportunity to participate in additional games/events.
3. Required tracking for pick-ups:
  - a) Contact information of the picked-up player including email and contact phone number;
  - b) Name noted on the team attendance tracking sheet;
  - c) Noted on a game sheet, if applicable, that the player is a pick-up.
  - d) Club Association President and COVID Safety Officer should be notified.

4. Coaches should strive to give players equal opportunity to be additions or substitutes for different teams within the cohort i.e. have multiple players have chances.

#### SHARING ICE WITH ANOTHER COHORT:

Sharing ice with a different cohort should be avoided as much as possible. However, with limited ice access, sharing ice with a team from a different cohort may be permitted in rare situations and **only** with the following restrictions in place:

1. **Does your facility allow two teams from different cohorts to share an ice sheet?**
  - **NO** – Club Association must follow the rules of the facility and restrict one cohort per ice sheet. Go no further.
  - **YES** – Move to question 2.
  - **MAYBE** – Ask for clarification from the facility operator to determine whether to move forward
2. **If the cohorts share ice, can you ensure that:**
  - **Teams are able to physically distance from each other at all times including off-ice areas such as dressing rooms, lobby, entrance/exit?**
    - i. **NO** – Sharing with a difference cohort is not permitted. Club Association will need to schedule their ice accordingly.
    - ii. **YES** – Continue to the next question 3.
3. **What barriers can be put in place to ensure physical distancing and limit the potential for players and coaches to interact?**
  - **FUN 1, 2, U10** – Mandatory physical barriers on the ice and add “buffer zone” to split the players up to minimize risk and ensure that the players don’t forget their distancing rules.
  - **U12, U14, U16, U19, 18+** - create buffer zones between the teams. Do not have water bottles on the same benches, split the ice sheet, stagger entrance and exit to/from the ice surface to avoid groups mixing in transit
  - **Communication** – If teams from different cohorts are going to be sharing ice, ensure coaches and parents are aware so that coaches can minimize potential risks.

TO PLAY A RINGETTE GAME IN RINGETTE PROGRESSION 3, YOU MUST:

1. Adhere to all Provincial Health Officer guidelines and restrictions including:
  - Gathering Restrictions (50 People MAX),
  - physical distancing requirements;
  - proper hand hygiene;
  - wear a mask when you cannot maintain physical distancing;
2. Adhere to the following limits below for ringette games in any format (full, modified or exhibition)
  - a) **Maximum Group Size:** 50 people TOTAL
    - **Sample format:**
      1. Home Team: 10 players + 3 Team Staff + 10 spectators = 23 people
      2. Visiting Team: 10 players + 3 Team Staff + 10 spectators = 23 people
      3. Officials: Two On-Ice Officials = 2 people
      4. Minor Officials = 2 people
      5. TOTAL: 50
    - *If your facility allows for more players to participate on the ice and the space allows for proper physical distancing off the field of play, spaces should be extended to participants first then spectators.*
  - b) Team Staff are responsible for ensuring proper team communication to ensure they do not exceed their allotted **23 people**.
  - c) Where a team has one or more parents as Team Staff, they are still limited to a maximum of **10 spectators**. It is up to the team staff to communicate with their families to determine the allotment of spectators per family for an event.
3. Follow the guidelines provided by the facility operator. If the facility guidelines limit the number of people within the facility to less than the gathering restrictions of 50 people, the facility rules prevail.
4. Only players and coaches who are in the cohort are permitted on the bench. Other team staff should remain off the bench to ensure physical distancing and wear a mask when in the facility.

Club Associations have the options of hosting ringette games in the following formats: 3 v 3, 4 v 4,



5 v 5 if their facility rules have limits on roster sizes. Club Associations should be forming smaller-sized teams to ensure capacity rules are being followed. Shorter periods (15 mins or less) will support the feasibility of smaller teams.

#### EVALUATIONS AND COHORTS:

Associations are able to facilitate evaluations under Ringette Progression 3. In order to complete evaluations for game skills and some ringette specific skills players would be required to make contact with each other.

This will require the creation of **“Try-out” Cohorts (see definitions on page 4)**.

Once the players are divided into teams they must follow the mandatory 14 day isolation period and will only be able to participate in activities with their team. After that a new cohort could be formed with 4 teams or 50 people.

## CURRENT PHASES



PROVINCE OF BRITISH  
COLUMBIA BC'S RESTART PLAN  
Phase 3  
June 24<sup>th</sup> onwards



VIASPORT - BC SPORT SECTOR  
GUIDELINES  
Phase 3 – “Progressively Loosen”  
August 24, 2020 and beyond

## GRADUATED RETURN TO RINGETTE

Ringette BC is following a graduated *Return to Ringette*. The process will allow for ringette activities to restart in accordance with the Provincial Health Authorities and Regional Health Guidelines. The progressions of returning to ringette may change, at any time, if restrictions by Provincial and Regional Health Authorities are amended. The Ringette Progressions Chart below has been developed to assist Leagues and Club Associations on the activities permitted as ringette progresses through the *Return to Ringette* guidelines. The Ringette Progressions are not aligned directly to the BC Restart Phases and will need to be progressed through at a pace that allows for ringette's return to be safe and successful. Ringette BC will monitor the movement through the progressions and advise accordingly. However, as each individual municipality, facilities and Regional Health Authority sets their own specific guidelines, there is a possibility that Leagues and/or Club Associations may be in different Progressions.

Ringette Games in Ringette Progression 3 may include modifications for gameplay including 3 vs. 3 and 4 vs. 4, if necessary so that Ringette BC and our members are not offside with Facilities and the *Return to Sport* Guidelines.

## SPECIFIC GUIDELINES

### RULES FOR TEAM STAFF IN COHORTS

1. The **Rule of 2** must be followed at all times. All other coach screening requirements are still applicable. Each cohort must have two coaches within the cohort who meet the required training and certification for the division.
2. Coaches are limited to no more than two cohorts..
3. All Coaches of U12 and below are part of the cohort as they cannot effectively maintain physical distancing. No option to coach and physically distance.
4. All teams from U19 and below must have a minimum of two coaches who are part of the cohort. One coach must be female.
5. Coaches in a cohort are permitted to:
  - a. Be on the bench during games.
  - b. Interact with players and each other without physical distancing
  - c. Enter the dressing rooms.
6. Non-Cohort Team staff are permitted at U14, U16, U19, 18+, Masters and NRL provided the following conditions are met:
  - a. Non-cohort team staff must be identified in advance and remain designated as such for the duration of the cohort.
  - b. Are not permitted to enter the dressing room.
  - c. Are not permitted to be on the players' bench during competition.
  - d. Must wear a mask at all activities.
  - e. Must practice physical distancing at all times.
7. Coaches are permitted to be in a Team BC cohort and an Association cohort simultaneously.
8. Players are able to be in their player cohort and are able to coach in one additional cohort.

### RULES FOR OFFICIALS IN SPORT COHORTS

1. Each cohort needs a minimum of two officials.
2. Game assignments should have two officials per game.
3. Ringette on-ice officials are not able to physically distance during games.
4. On-ice officials should be assigned to no more than two cohorts.
5. Players and coaches who are officials are able to officiate within their cohort.

- Example: 18+ players who are referees can referee in games that their team is not participating in.
6. If a player or coach also referees they would be available for only 1 additional cohort.

## PARENTS AND SPECTATORS

- Are not in the cohort.
- Maintain physical distancing requirements of 2 metres (6 feet);
- Must adhere to facility regulations and designated restricted or viewing spaces;
- Must adhere to all provincial health authority guidelines including washing hands, maintaining physical distance when in facility, and, if required, wearing a non-medical face covering;
- Due to the restrictions on gatherings over 50 people, only one (1) parent or spectator per family may attend each event game or practice at a time
  - Exceptions may apply due to the age and ability of the athlete(s)
  - Parents should not near the players benches or dressing rooms unless they are a designated dressing room parent for that event
- For younger athletes that may require their parents’ assistance during an ice time, Team Staff should direct the child off the ice at a side entrance to their parent (where possible);

## ASSOCIATION CONTACTS

If members have any questions relating to ringette activities, they should contact one of the following 3 individuals from their association.

<b>President</b>	Samantha Jackson	swrraringette@gmail.com	778-688-6071
<b>Vice President</b>	Hari Tamil Selven	swrraringette@gmail.com	778-885-5271

<b>COVID Safety Officer</b>	Teala Boutin	tealaboutin@hotmail.ca	604-351-4191
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All Associations must have a designated COVID SAFETY OFFICER who will be responsible for following up if a ringette PARTICIPANT tests positive for COVID.

If an individual tests positive for COVID-19, they should contact their association COVID Safety Officer as soon as possible, and follow the [COVID-19 Outbreak Response Plan](#) included in the [Return to Ringette Guidelines](#).

Coaches **MUST** take attendance at **EVERY** Ringette event or activity, using the [Ringette BC Return to Play: Attendance Tracking Form](#). Upon completion of the activity, the Coach will submit the completed form to the association COVID Safety Office within 48 hours.

## DIVISION GUIDELINES AND CONTACTS

### FUNDAMENTALS 1 AND 2

<p style="color: #0056b3; margin: 0;"><b>FUNDamentals 1 &amp; 2</b></p> <p style="font-size: small; margin: 0;">Recommended participation guidelines for FUN 1 and 2</p>	<p><b>COHORT: 50 people</b></p> <p>In the FUN 1 and 2 division, Club Associations are encouraged to form a cohort of 50 people that includes all the registered players for FUN 1 and 2 and any coaches and instructors/on-ice helpers.</p> <p><b>Reminder: Coaches in FUN 1 and 2 cannot physically distance so they are part of the cohort. Coaches are encouraged to wear masks when coaching and interacting with participants.</b> Minimum TWO (2) coaches on ice at all times. Additional instructors and coaches as needed.</p> <p><b>Family</b> 1 family member per player Parent/Manager near the bench to support participants off-ice and to communicate with parents that are outside or in the designated viewing area (if needed for washroom break, equipment malfunctions etc.). This parent must be a part of the cohort.</p> <p><b>Equipment</b></p> <ul style="list-style-type: none"> <li>Players: Should arrive fully dressed, no sharing equipment (other than goalie stick)</li> <li>Coaches: only participant permitted to touch rings and cones</li> <li>Goalies rotate sticks and ensure players do not touch with bare hands.</li> </ul> <p><b>Risks</b> Supervision, difficulty maintaining physical distancing, attention span, cleanliness, following guidelines and protocols</p>								
<b>FUNDamentals 1 &amp; 2 Division Contacts</b>									
<b>Coach</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">Allison Ferguson</td> <td style="width: 25%;">alibaba123@hotmail.com</td> <td style="width: 25%;"></td> <td style="width: 25%;"></td> </tr> <tr> <td>TBD</td> <td>TBD</td> <td></td> <td>TBD</td> </tr> </table>	Allison Ferguson	alibaba123@hotmail.com			TBD	TBD		TBD
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<b>Manager</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">TBD</td> <td style="width: 25%;">TBD</td> <td style="width: 25%;"></td> <td style="width: 25%;">TBD</td> </tr> <tr> <td>TBD</td> <td>TBD</td> <td></td> <td>TBD</td> </tr> </table>	TBD	TBD		TBD	TBD	TBD		TBD
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Other volunteers			
Volunteers	Jason Chapman	jchapman55@gmail.com	604-209-2022
	Name	Email	Phone
	Name	Email	Phone
	Name	Email	Phone

## U10 – U12

<p><b>U10 - U12</b> Recommended participation guidelines for U10 and U12</p>	<p><b>Association Specific Information:</b></p> <p><b>U10: Team 1 Size:</b> 12 <b>COHORT:</b> TBD</p> <p><b>U12-1: Team Size:</b> 12 <b>COHORT:</b> TBD</p> <p><b>U12-2: Team Size:</b> 13 <b>COHORT:</b> TBD</p> <p><b>Team Formation</b> Teams are to be formed within the Club Association. Club Associations should form as many small teams as possible with the goal of creating multiple cohorts within each league. Teams should be formed as equally as possible to ensure that the teams are able to develop and train as a group.</p> <p><b>TEAM STAFF:</b> TWO (2) coaches per team in the COHORT, ONE (1) coach per team on the ice (if no referees). Parent/Manager near the bench to support athletes off-ice, and communicate with parents that are outside or in the designated viewing area (if needed for washroom break, equipment malfunctions etc.)</p> <p><b>OFFICIALS</b> There is potential for a shortage of officials in U10 and U12. Coaches who are officials are able to should officiate within their cohort. Parents who wish to support are encouraged to take the Level 1 referee course.</p> <p><b>Game Adaptations</b></p> <ul style="list-style-type: none"><li>● If facilities do not permit enough participants to allow for a regular ringette game to be played, Club Associations can allow for players to participate in 4v4 or 3v3 and make changes to allow for half-ice game.</li></ul> <p><b>Family</b> <i>Follow spectator guidelines (see above). Spectators are not to enter athlete restricted areas. In the event parent attention is required, a coach will support the athlete in meeting their parent in the spectator area.</i></p> <p><b>Equipment</b></p> <ul style="list-style-type: none"><li>● Players: Should arrive fully dressed, no sharing equipment (other than goalie stick)</li><li>● Coaches: should bring out as few rings as possible</li><li>● Two goaltenders per month with individual equipment, or one goaltender for a minimum of two weeks. Goalie equipment to be sanitized upon switching</li></ul>
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	<p>players<sup>2</sup></p> <p><b>Risks</b>  Supervision, difficulty maintaining physical distancing, attention span, cleanliness, following guidelines and protocols</p>		
<b>U10 Division Contacts</b>			
<b>Coach</b>	Claire Sousa	sousaclaire6@hotmail.com	604-616-9387
	Kevin Kula	kevin47_47@hotmail.com	778-995-7171
<b>Manager</b>	Kiara Irwin	kiara.irwin@gmail.com	778-232-3112
	Teanna Moe	teannamoe@gmail.com	604-916-9651
<b>U12-1 Division Contacts</b>			
<b>Coach</b>	Pat Koch	patrick.katie@telus.net	604-809-7123
	Katie Corbeil	patrick.katie@telus.net	604-809-7123

<sup>2</sup> [BC Center for Disease Control Cleaning](#)

<b>Manager</b>	Suzanne Robins	burgessrobins@gmail.com	778-241-7501
	Lisa Inglis	lisa.inglis@gmail.com	778-571-0335
<b>U12-2 Division Contacts</b>			
<b>Coach</b>	Rob Larsen	rj_larsen@hotmail.com	604-226-0544
	Kiara Irwin	kiara.irwin@gmail.com	778-232-3112
<b>Manager</b>	Lindsay Vanstone	lvanstone14@outlook.com	604-771-8247

**U14 – U19**

<b>U14 - U19</b>	<p><b>Association Specific Information:</b></p> <p><b>U14: Team 1 Size: 9 COHORT: TBD</b></p> <p><b>U14: Team 2 Size: 10 COHORT: TBD</b></p> <p><b>U16: Team Size: 12 COHORT: TBD</b></p> <p><b>U19: Team Size: 15 COHORT: TBD</b></p> <p><b>Team Size: MAX 13 ATHLETES/TEAM</b> *Team formation has not yet occurred, will be doing after evaluations</p> <p>Rosters should be small to maximize the number of teams to be formed within the division. Players and coaches must be able to physically distance when not on the playing surface i.e. on the bench. Facility rules will supersede roster sizes. Teams will need to be cognizant of the allowable roster sizes for facilities as larger teams will likely mean that not ALL players can attend a single activity.</p> <p><b>COHORT: Four (4) teams in cohort</b></p> <p><b>Staff: MAX 3 PER TEAM (MIN 2 PER TEAM)</b></p>
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	<p>Minimum of two coaches must be assigned to each team and these coaches must be in the cohort.</p> <p><b>Game Adaptations</b></p> <ul style="list-style-type: none"> <li>● If Club Associations are unable to facilitate 5 on 5 ringette games due to facility rules, Club Associations can adjust to facilitate game modifications including 4 v 4 and 3 v 3.</li> </ul> <p><b>Goaltenders:</b> If no designated goalie, two goaltenders per month with individual equipment, or 1 goaltender for a minimum of 2 weeks. Goalie equipment to be sanitized upon switching players.</p> <p><b>Family</b></p> <p>ONE (1) family members/spectator per player</p> <p>Spectators and parents are not part of the cohort and are not to enter athlete restricted areas. Parents acting as minor officials can be deducted from the total number of spectators attending.</p> <p><b>Equipment</b></p> <ul style="list-style-type: none"> <li>● Should arrive fully dressed, no sharing equipment (other than goalie stick)</li> <li>● Coaches should bring out as few rings as possible</li> </ul> <p><b>Health and Safety Considerations</b></p> <p>Players must practice hygiene practices, do not take off facemasks, avoid touching faces, practice physical distancing when possible</p> <p><b>Risks</b></p> <ul style="list-style-type: none"> <li>● Contact, maintaining physical distancing, following guidelines and protocols</li> <li>● Zero tolerance for hitting</li> <li>● Limit to number of players on the ice and at a game to help minimize contact</li> <li>● Players should not attend if they are feeling sick</li> <li>● Officials should enforce move it or lose it rule to avoid large scrums</li> </ul>
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U14-1 Division Contacts			
<b>Coach</b>	JF Laframboise	jfandc@gmail.com	604-805-3577
	Teala Boutin	tealaboutin@hotmail.com	604-351-4191
<b>Manager</b>	Carla Parker Cutler	cutlerfamilybc@me.com	

U14-2 Division Contacts			
Coach	Scott Harvie	scottharviemail@gmail.com	604-889-4745
	Tamara Jantzen	aeron.tammy@telus.net	604-230-7670
Manager	James St. Denis	cloverdalefury2004@gmail.com	604-505-8373
	Lynn Black	blackmail.lynn@gmail.com	604-240-6480
U16 Division Contacts			
Coach	Teala Boutin	tealaboutin@hotmail.ca	604-351-4191
	Lindsay Rice	lindsay_rice@outlook.com	604-837-9257
Manager	Lisa Ball	lisalaball@gmail.com	778-986-1420
	Eric Inglis	eric.inglis@gmail.com	604-562-4348

U19 Division Contacts			
Coach	Becky Tamil Selven	rebecca.selven@gmail.com	778-868-7617
	Hari Tamil Selven	h.tamilselven@gmail.com	778-885-5271
Manager	Corinna Sousa	clsousa72@gmail.com	605-904-4786
	Name	Email	Phone

### 18+ (OPEN)

<p><b>18+ (OPEN)</b> Recommended participation guidelines for 18+</p>	<p><b>COHORT: Four teams OR 50 people</b></p> <p><b>Team Size: Standard roster rules apply. However, teams must be cognizant of the facility restrictions that restrict the number of players on the ice and that players must be able to physically distance on the bench.</b> Facility rules will supersede roster sizes. Teams will need to be cognizant of the allowable rosters for facilities as larger teams will likely mean that not ALL players can attend a single activity.</p> <p><b>Staff: not required</b> If staff are participating that must be included in the total participant count as per the gathering rules. Coaches that are able to physically distance from players can attend and are not included in the cohort.</p> <p><b>Game Adaptations</b></p> <ul style="list-style-type: none"> <li>● If unable to provide enough space for minor officials to be 2 metres apart, there will be no shot clock operator</li> <li>● If Club Associations are unable to facilitate 5 on 5 ringette games due to facility rules Associations can adjust to facilitate game modifications including 4 v 4 and 3 v 3.</li> </ul> <p><b>Goaltenders</b> If no designated goalie, two goaltenders per month with individual equipment, or one goaltender for a minimum of two weeks. Goalie equipment to be sanitized upon switching players.</p> <p><b>SPECTATORS: none required</b> Limit as much as possible. Allowance for those acting as Minor officials. Spectators are not to enter athlete restricted areas.</p> <p><b>Equipment</b></p>
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	Teams should bring out as few rings as possible. No sharing of equipment.		
	<b>Risks</b> <ul style="list-style-type: none"> <li>● Contact, maintaining physical distancing, following guidelines and protocols</li> <li>● Zero tolerance for hitting</li> <li>● Limit to number of players on the ice and at a game to help minimize contact</li> <li>● Players should not attend if they are feeling sick</li> <li>● Officials should enforce move it or lose it rule to avoid large scrums</li> </ul>		
<b>18+ (Open) Division Contacts</b>			
<b>Coach</b>	Rebecca Tamil Selven	rebecca.selven@gmail.com	778-868-7617
	Sam Jackson	sam.jackson@hotmail.com	778-688-6071
<b>Manager</b>	Sam Jackson	sam.jackson@hotmail.com	778-688-6071
	Name	Email	Phone

## MASTERS

<b>Masters</b> Recommended participation guidelines for Masters	<p><b>COHORT: Four teams OR 50 people</b></p> <p><b>Team Size: Standard roster rules apply. However, teams must be cognizant of the facility restrictions that restrict the number of players on the ice and that players must be able to physically distance on the bench.</b> Facility rules will supersede roster sizes. Teams will need to be cognizant of the allowable rosters for facilities as larger teams will likely mean that not ALL players can attend a single activity.</p> <p><b>Staff: not required</b>          If staff are participating that must be included in the total participant count as per the gathering rules. Coaches that are able to physically distance from players can attend and are not included in the cohort.</p> <p><b>Game Adaptations</b></p> <ul style="list-style-type: none"> <li>• If unable to provide enough space for minor officials to be 2 metres apart, there will be no shot clock operator</li> <li>• If Associations are unable to facilitate 5 on 5 ringette games due to facility rules Associations can adjust to facilitate game modifications including 4 v 4 and 3 v 3.</li> </ul> <p><b>Goaltenders</b>          If no designated goalie, two goaltenders per month with individual equipment, or one goaltender for a minimum of two weeks. Goalie equipment to be sanitized upon switching players.</p> <p><b>SPECTATORS: none required</b>          Limit as much as possible. Allowance for those acting as Minor officials. Spectators are not to enter athlete restricted areas.</p> <p><b>Equipment</b>          Teams should bring out as few rings as possible. No sharing of equipment.</p> <p><b>Risks</b></p> <ul style="list-style-type: none"> <li>• Contact, maintaining physical distancing, following guidelines and protocols</li> <li>• Zero tolerance for hitting</li> <li>• Limit to number of players on the ice and at a game to help minimize contact</li> <li>• Players should not attend if they are feeling sick</li> <li>• Officials should enforce move it or lose it rule to avoid large scrums</li> </ul>		
	<b>Masters Division Contacts</b>		
<b>Coach</b>	Name	Email	Phone

	Name	Email	Phone
Manager	Name	Email	Phone
	Name	Email	Phone



## FACILITY PROTOCOLS AND SAFETY INFORMATION

These tables are meant to provide members with an overview of the important information and considerations for each of the facilities used during ringette related events and activities.

SURREY SPORT AND LEISURE CENTRE			
Address	16555 Fraser Hwy Surrey BC V4N 0E9		
Ice times	Tuesday 5:30pm - 6:30 pm ; 7:00pm - 8:00 pm ; 8:30 - 9:30 pm		
Designated Entrance	Front Door	Designated Exit	Front Door

## Facility Protocols

- Participants must come dressed in their hockey gear – dressing rooms will be available for groups to put their skates and helmets on at the arena
- Everyone must bring a full water bottle as there will be no access to water fountains at the facility
- Any warm-ups must be done outside of the facility prior to entering for your group’s booking
- Participants will line up outside the building using physical distancing signage and markings on the ground
- An adult must be assigned for each user group to organize the group outside. That adult will ensure all skaters have completed the patron screening for their group.
- All participants will be let into the facility ten (10) minutes prior to the start of their booking. All participants must be on time, no late comers will be given access to the building.
- Participants will line up outside the building using physical distancing signage and markings on the ground
- An adult must be assigned for each user group to organize the group outside. That adult will ensure all skaters have completed the patron screening for their group.
- The players benches will not be available for use
- Spitting will NOT be tolerated. Anyone seen spitting on the ice of anywhere in the facility will be asked to leave the building
- All participants will be let into the facility ten (10) minutes prior to the start of their booking. All participants must be on time, no late comers will be given access to the building. • Water bottles and skate guards will have assigned spots to be placed along the boards
- Cones and equipment must be brought by the coach. The arena will have no shared equipment available for use.

	<ul style="list-style-type: none"><li>• There are X's placed in the ice at each end of the arena that runs the full width. They are there for skaters to use to assist physical distancing while waiting for drills.</li><li>• At the end of your ice time, you will have ten (10) minutes for your group to exit the facility together. The facility host will escort your group to the exit doors.</li><li>• Please wait in the dressing room on your designated spot till the host is ready to escort the whole group.</li></ul>
Special Information or Considerations	<ul style="list-style-type: none"><li>• Wait for your host before entering and exiting the facility</li></ul>

NORTH SURREY SPORT AND ICE COMPLEX			
Address	10950 126a Street Surrey BC V3W 7J9		
Ice times	Saturday:		
Designated Entrance	Front Door	Designated Exit	Front Door
Facility Protocols	<ul style="list-style-type: none"> <li>• Participants must come dressed in their hockey gear – dressing rooms will be available for groups to put their skates and helmets on at the arena</li> <li>• Everyone must bring a full water bottle as there will be no access to water fountains at the facility</li> <li>• Any warm-ups must be done outside of the facility prior to entering for your group’s booking</li> <li>• Participants will line up outside the building using physical distancing signage and markings on the ground</li> <li>• An adult must be assigned for each user group to organize the group outside. That adult will ensure all skaters have completed the patron screening for their group.</li> <li>• All participants will be let into the facility ten (10) minutes prior to the start of their booking. All participants must be on time, no late comers will be given access to the building.</li> <li>• Participants will line up outside the building using physical distancing signage and markings on the ground</li> <li>• An adult must be assigned for each user group to organize the group outside. That adult will ensure all skaters have completed the patron screening for their group.</li> <li>• The players benches will not be available for use</li> </ul>		

	<ul style="list-style-type: none"> <li>• Spitting will NOT be tolerated. Anyone seen spitting on the ice of anywhere in the facility will be asked to leave the building</li> <li>• All participants will be let into the facility ten (10) minutes prior to the start of their booking. All participants must be on time, no late comers will be given access to the building.</li> <li>• Water bottles and skate guards will have assigned spots to be placed along the boards</li> <li>• Cones and equipment must be brought by the coach. The arena will have no shared equipment available for use.</li> <li>• There are X's placed in the ice at each end of the arena that runs the full width. They are there for skaters to use to assist physical distancing while waiting for drills.</li> <li>• At the end of your ice time, you will have ten (10) minutes for your group to exit the facility together. The facility host will escort your group to the exit doors.</li> <li>• Please wait in the dressing room on your designated spot till the host is ready to escort the whole group.</li> </ul>
Special Information or Considerations	<ul style="list-style-type: none"> <li>• Wait for your host before entering and exiting the facility</li> </ul>

CENTENNIAL ARENA			
Address	14600 North Bluff Rd, White Rock BC V4B 3C9		
Ice times	Saturday 4:00pm - 5:00pm ; 5:30pm - 6:30pm Sunday 5:15pm - 6:15pm		
Designated Entrance	Front Door	Designated Exit	Front Door
Facility Protocols	<p>Before Ice-time</p> <ul style="list-style-type: none"> <li>● Arena has a capacity of 45 participants. <ul style="list-style-type: none"> <li>○ This includes, players, coaches, safety person/trainer, referee, time keeper.</li> </ul> </li> <li>● Participants must wait in car until arena staff open the front doors. <ul style="list-style-type: none"> <li>○ No waiting in the under covered area of the arena (next to bear statue)</li> </ul> </li> <li>● Doors will be opened 2 minutes before ice time.</li> <li>● Participants must enter the arena in full gear including skates and helmets.</li> <li>● Each user group is required to submit a contact tracing form before being allowed in building. <ul style="list-style-type: none"> <li>○ Visiting teams are also required to submit a contact tracing form. It is the renting team's responsibility to get this information to arena staff prior to entering the arena.</li> <li>○ Submitted to <a href="mailto:ContactTracing@whiterockcity.ca">ContactTracing@whiterockcity.ca</a>.</li> </ul> </li> <li>● No off ice activities, dryland training, running or stretching inside the building.</li> </ul>		

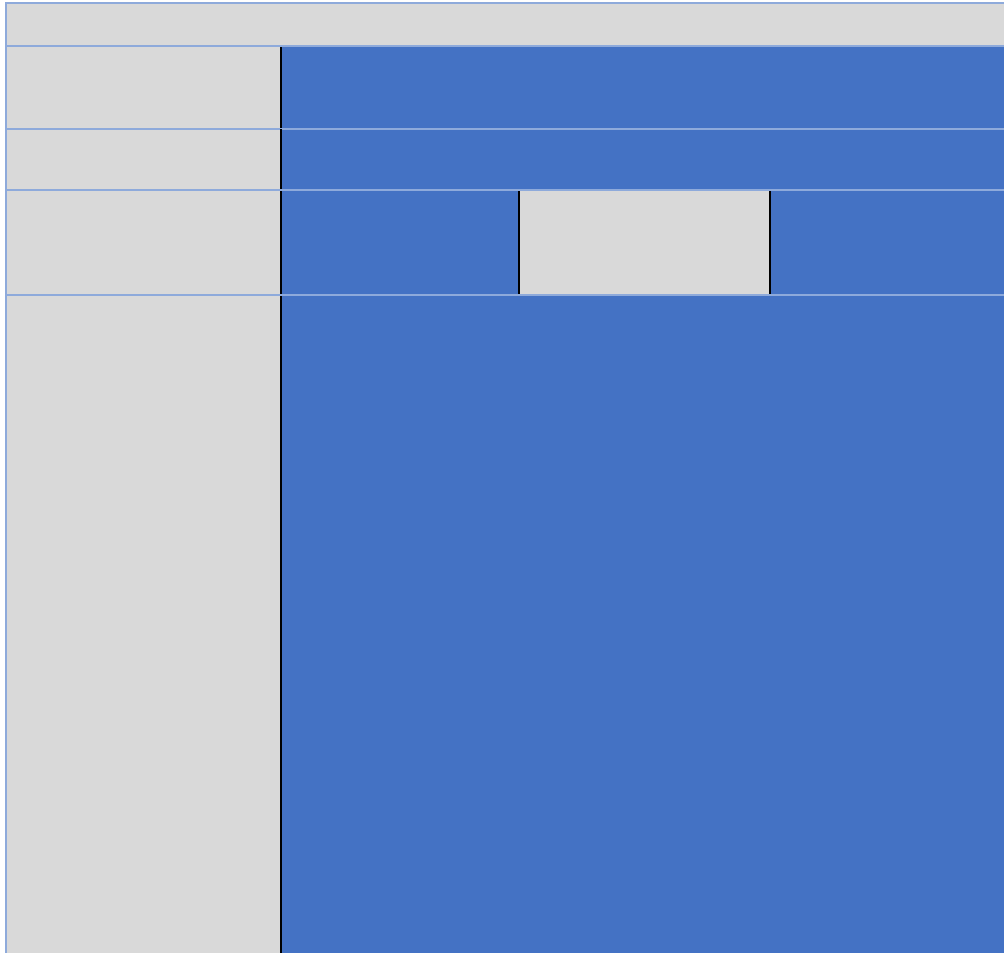
- Visiting teams that are not a part of the renting association/group must be notified of the Centennial Arena Safety Plan protocol prior to arriving to Centennial Arena.
- It will be the arena renter's responsibility to communicate this information to the visiting team

#### During Ice-time

- Only on ice participants are permitted to enter the arena.
  - No spectators will be permitted in the arena.
  - One safety person allowed in the arena per team
  - One timekeeper allowed in the arena.
- No access to dressing room, bleachers or equipment rooms under any circumstances.
  - If a user group has an equipment room in the facility, and needs access to it, it must be communicated to Lee Reimer and Matt Randhawa 2 business days prior to ice time. No access will be given if requested at the time of booking.
- Maximum of 3 players and 1 coach allowed on each player's bench.
  - Remaining players will be at designated spot located outside of the player's bench.
- Each participant is required to bring their own water bottle that has been pre-filled.
- User groups must follow the "cohort model" (ViaSport link will be sent to each user group.)
- No handshakes are permitted after game play.
- Physical distancing protocols must be followed when not on the ice (eg. Players benches, hallways, etc.)
- Penalty Benches have one-person occupancy limit
- Only one time keeper permitted in the time keeper bench.
  - Time Keeper must wear a mask.

	<ul style="list-style-type: none"><li>● If first aid is required, the player and safety person/trainer will be permitted to use the Arena Lobby to conduct first aid as needed.</li></ul> <p>After Ice-time</p> <ul style="list-style-type: none"><li>● Participants have 5 minutes after ice time to exit the building.</li><li>● Gear must be taken off outside of the arena. (This is to accommodate cleaning).</li><li>● No getting undressed in the under cover area near the bear statue.</li><li>● If back to back ice times, users must leave the arena to allow for cleaning of facility, and wait in car.</li></ul>
Special Information or Considerations	





Special Information or Considerations	
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