

**Code of Conduct
for
ATHLETES**
(U14 and above)

The overall experience for athletes participating in sports should promote the development of healthy and positive values towards themselves, fellow athletes, officials and coaches. The following Code of Conduct, for U14 and above, has been developed to aid athletes in achieving a level of behaviour, which assists them in becoming well-rounded, self confident and productive human beings.

- I will play Ringette because I want to, not just because others or coaches want me to.
- I will treat everyone fairly within the context of the activity, regardless of gender, place of origin, colour, sexual orientation, religion, political beliefs or economic status.
- I will play by the rules of Ringette, and in the spirit of the game.
- I will control my temper – throwing equipment and “mouthing” off can spoil the activity for everybody.
- I will respect my team mates and the members of the other team.
- I will do my best to be a true team player.
- I will remember that winning isn't everything – that having fun, improving skills, making friends, and doing my best are most important.
- I will acknowledge all good plays / performances – those of my team and my opponents.
- I will treat coaches, officials and opponents with respect, both in victory and defeat and accept the decisions made by officials.
- I will remember that at all times, on and off the ice, to proudly represent my team, Association and the Ringette Community.
 - Refrain from public criticism of fellow athletes, coaches and officials.
 - Refrain from the use of profane, insulting, harassing or otherwise offensive language.
 - Refrain from vandalism and personal misconduct causing harassment to participants, officials, coaches or spectators.
 - Abstain from the use of tobacco products and discourage their use by fellow athletes and coaches.
 - Abstain from drinking alcoholic beverages while participating in athletic events.
 - Abstain from possession or use of any substance prohibited by Federal and Provincial Law.
 - Adhere to the guidelines provided by the Canadian Centre for Drug-Free Sport and abstain from the use of all banned substances and methods.

ATHLETES MUST:

- Respect the dignity of coaches, officials and fellow athletes; verbal or physical behaviours that constitute harassment or abuse are unacceptable.
- Never advocate or condone the use of drugs or other banned performance enhancing substances or methods.
- Never provide underage athletes with alcohol.

I agree to this Code of Conduct and will follow it.

Player's Name

Date

Player's Signature

Witness